

SHIFT GNG

Supporting Healthy Influences For our Towns

The mission of **SHIFT GNG** is to mobilize families, youth, and all sectors of the community to prevent substance use among youth. We seek to promote and model shared norms, policies and practices that foster positive youth development and a healthy community environment.

Why is preventing youth substance use important?

Substance use puts our young people at risk for so much . . .
accidents • violence • suicide • pregnancy • sexual assault •
greater chance of alcohol dependency in adulthood • disrupted
brain development.

Preventing substance use gives kids a much better chance at
success, now and throughout their lives.



**Let's work together to support an environment that
promotes healthy choices for youth!**

Join us!

We have representatives from many community groups – schools, parents, youth, churches, healthcare, law enforcement, business, government and civic. We are always looking for more community members to join us, at whatever level of involvement works for you!



How can I get involved?

- **Come to a monthly meeting** to help us assess the root cause and create a strategic plan
- **Build a unified voice for prevention** by talking to or emailing friends about why this issue is important
- **Host a "Table Talk"** for folks to talk about youth substance use and how they can prevent it
- **Distribute information** at an event to raise awareness and gain support
- **Visit our website to learn more** about youth substance use and what you can do

Visit us at www.21reasons.org/GNG_Coalition.php and follow us on Facebook!

Or email shiftGNG@mcd.org or call Carol or Sarah (207) 773-7737

SHIFT GNG is partnering with 21 Reasons, a project of Medical Care Development, as part of the Drug-Free Communities Mentoring Project. For more information, visit http://www.ondcp.gov/dfc/mentor_grant_progr.html