

Tips from Portland Teens: Ingredients for a fun, alcohol free party

Good Food



- Flatbread pizza
- Lots of salty and sweet munchies
- Cotton Candy
- Cook out

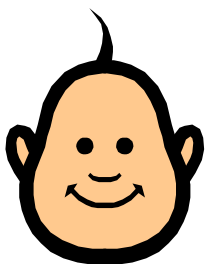


Things to Do

- Moon walk
- Sports—to watch and to play
 - Video games
 - Karaoke
 - American Idol competition
 - Music
 - Hire a DJ
 - Dancing—Dance, Dance Revolution
- Swimming
- Outside fire



Make it special



- Decorate
- Tiki Torches
- Pictures of youth (baby pictures, school pictures)

Thanks to Portland High School SADD &
Portland Boys and Girls Club for all their great ideas