



# Underage Drinking Prevention Tip of the Month **APRIL**

*Did you know?* The Maine Office of Substance Abuse has resources to help parents keep their kids alcohol free:

**4%** of Maine parents of teens in grades 7 through 12 believe their child had alcohol in the past 30 days<sup>1</sup>, yet

**28%** of teens admit they drank alcohol in the past 30 days<sup>2</sup>

Here's what *you* can do

Find out *More*  
*Do More*

*visit* [www.maineparents.net](http://www.maineparents.net)  
*or call* 1-800-499-0027



John E. Baldacci, Governor

Brenda M. Harvey, Commissioner

For more information visit [www.21reasons.org](http://www.21reasons.org)  
or contact the Office of Substance Abuse toll free in Augusta at 1-800-499-0027.